‘Diabetes Manual Complete’ Information

- Are you newly diagnosed with Type 2 diabetes?
- Or had it for sometime and still ‘none the wiser’?
- Do you prefer to learn on your own, rather than in a group?
- Would you like a practical, interesting way of learning all about diabetes, in your own time at home, with periodic personal support by phone or email?
- And all this from an independent company, run by specialists in both diabetes and learning?

If so, Diabetes Manual Complete is just right for you and it’s available direct from Successful Diabetes for people with Type 2 Diabetes in the UK*!

‘No referrals, no waiting lists and no extra appointments’

You can help yourself to research-based, tried and tested learning about diabetes, which includes an introduction and support from a trained coach at times planned to suit you. Diabetes Manual Complete has exactly the same credentials as an NHS education programme, but without the need for referrals, waiting lists or extra appointments.

‘One-to-one; All-in-one’

Diabetes Manual Complete is a 12-week learning experience, which you work through at home, using an inspiring book (paper copy or electronic), filled with over 300 pages of diabetes information, illustrations, stories and quizzes, plus activities for effective stress reduction, presented on CD or USB.

You also receive friendly and helpful, personal support from a specially trained Diabetes Manual Complete Coach by telephone or email every few weeks, at convenient times.

* Available to UK customers only at present
'Confidence in learning’

As you work through Diabetes Manual Complete, you will find yourself:

- Gaining practical knowledge and understanding about your diabetes and how and why it affects your whole body
- Feeling less stressed about diabetes and life in general
- Feeling more confident about managing your diabetes and knowing exactly how to handle it
- Experiencing fewer diabetes related problems
- Seeing an improvement in your blood glucose levels, both daily and overall (HbA1c)

‘Diabetes Complete’

Diabetes Manual Complete is a great investment in your health and life with Type 2 diabetes for today and for your future because it has been developed specifically for busy people trying to do their best to keep in good health.

For a complete cost of £200* (that’s under £2.50 a day!), you will be able to follow this unique and inspiring programme wherever you are. For 3 months it will fit into your everyday life and help to keep you on track in your own time and at your own pace. You’ll also have audio stress-reducing support to help keep the butterflies at bay. For help and encouragement, your Diabetes Manual Complete Coach is there to support you.

Better still, at the end of the formal programme, the Diabetes Manual Complete manual and audio support is still yours, to return to again and again whenever you need a knowledge boost or a dose of inspiration!

*Price includes everything: Diabetes Manual Complete materials and Coach support, postage to UK addresses, and our personal attention, so you’ll have everything you need to start getting the benefits Diabetes Manual Complete will give you!

Ready to take charge of your diabetes learning? Want a free sample of the book or to find out more with no obligation? Please get in touch...

Read more at: www.successfuldiabetes.com
Email Us: enquiries@successfuldiabetes.com
Phone Us: 07885 499943

We're looking forward to hearing from you!

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